



## 2<sup>nd</sup> LONDON MASTERCLASS: EMERGING CONCEPTS IN THE MANAGEMENT OF FAECAL INCONTINENCE

**September 15 – 16, 2016**

QMUL Mile End Campus, London



### THURSDAY 15<sup>TH</sup> SEPTEMBER (AM)

Foyer

08:45 – 09:25 **Registration and coffee**

*Skeel Lecture Theatre*

09:25 – 09:35 **Welcome address: setting the scene**

*Professor Charles Knowles*  
London

#### SESSION 1: THE CLINICAL BURDEN OF FAECAL INCONTINENCE

09:35 – 11:10

Chairs: Miss Emma Carrington & Dr Guiseppe Chiarioni

09:35 – 09:55 **Overview: epidemiology and aetiology of faecal incontinence**

*Mr David Parés*  
Barcelona, Spain

09:55 – 10:20 **Incontinence – the “silent affliction”:  
access to treatment, and impact in an ageing population?**

*Professor Christine Norton*  
London

10:20 – 10:45 **Incontinence following childbirth: relevant obstetric factors**

*Professor Shakila Thangaratinam*  
London

10:45 – 11:10 **Incontinence following treatment for colorectal cancer**

*Miss Karen Nugent*  
Southampton

11:10 – 11:40 **Coffee break**

#### SESSION 2: EMERGING CONCEPTS IN PATHOPHYSIOLOGY (1)

11:40 – 13:00

Chairs: Professor Mark Fox & Professor Charles Knowles

11:40 – 12:10 **KEYNOTE LECTURE  
Colonic motility in faecal incontinence**

*Dr Phil Dinning*  
Adelaide, Australia

12:10 – 12:35 **Incontinence secondary to constipation / evacuation disorders:  
an underappreciated problem in adults**

*Dr Mark Scott*  
London

12:35 – 13:00 **The anal-external sphincter continence reflex**

*Dr Paul Broens*  
Groningen, The Netherlands

Foyer

13:00 – 13:55 **LUNCH**

### THURSDAY 15<sup>TH</sup> SEPTEMBER (PM)

*Skeel Lecture Theatre*

#### SESSION 3: EMERGING CONCEPTS IN PATHOPHYSIOLOGY (2)

13:55 – 15:35

Chairs: Dr Mark Scott & Dr Phil Dinning

13:55 – 14:20 **Anorectal sensory dysfunction: translational studies**

*Professor James Jones*  
Dublin, Ireland

14:20 – 14:45 **Anorectal sensory dysfunction: testing cortico-anorectal  
ascending and descending pathways in clinical studies**

*Professor Asbjørn Drewes*  
Aalborg, Denmark

14:45 – 15:10 **Anal sphincter dysfunction: improved diagnosis with HRAM?**

*Miss Emma Carrington*  
London

15:10 – 15:35 **Anal sphincter dysfunction: improved diagnosis with FLIP?**

*Professor Klaus Krogh*  
Aarhus, Denmark

15:35 – 16:05 **Coffee break**

**SESSION 4: FUNCTION TESTING – WHERE ARE WE NOW AND WHERE ARE WE GOING? 16:05 – 17:20**

Chairs: Professor Bill Whitehead & Professor Asbjørn Drewes

16:05 – 16:30 **Testing rectal sensory and biomechanical function** *Professor Mark Fox*  
Basle, Switzerland

16:30 – 16:55 **Ultrasound: endo-anal, trans-perineal, 2-D or 3-D?** *Mr Abdul Sultan*  
London

16:55 – 17:20 **Tests of evacuation: which is the ‘gold standard’?** *Professor Charles Knowles*  
London

**FRIDAY 16<sup>TH</sup> SEPTEMBER (AM)**

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*Foyer*

08:15 – 09:00 **Registration and coffee**

*Skeel Lecture Theatre*

**SESSION 5: TREATMENT FOR FAECAL INCONTINENCE: THE EVIDENCE (1) 09:00 – 10:55**

Chairs: Mr Tom Dudding & Mr Pasquale Giordano

09:00 – 09:25 **Treatment: which outcomes should we measure?** *Professor Bill Whitehead*  
North Carolina, USA

09:25 – 09:45 **Pharmacological treatment: the evidence** *Dr Natalia Zarate-Lopez*  
London

09:45 – 10:05 **Behavioural therapies +/- biofeedback: the evidence** *Dr Giuseppe Chiarioni*  
Verona, Italy

10:05 – 10:25 **Anal irrigation: the evidence** *Professor Peter Christensen*  
Aarhus, Denmark

10:25 – 11:05 **KEYNOTE LECTURE** *Professors Mike Swash & Peter Petros*  
**Musculo-elastic theory of anorectal dysfunction** London & Sydney, Australia

11:05 – 11:35 **Coffee break**

**SESSION 6: TREATMENT FOR FAECAL INCONTINENCE: THE EVIDENCE (2) 11:35 – 13:35**

Chairs: Professor Peter Christensen & Professor Mike Swash

11:35 – 11:55 **Anal sphincter repair and ‘bulking’ agents: the evidence** *Mr Pasquale Giordano*  
London

11:55 – 12:15 **Sacral nerve stimulation (SNS): the evidence** *Professor Charles Knowles*  
London

12:15 – 12:35 **Percutaneous tibial nerve stimulation (PTNS): the evidence** *Miss Emma Horrocks*  
Southampton

12:35 – 12:55 **Other options, including end stoma: the evidence** *Mr Tom Dudding*  
Southampton

12:55 – 13:30 **PANEL DISCUSSION:** **Algorithm of care for the 21<sup>st</sup> Century** **CHAIR:** *Professor Charles Knowles, London*  
*Professor Bill Whitehead, USA*  
*Mr Tom Dudding, Southampton*  
*Dr Giuseppe Chiarioni, Italy*  
*Dr Natalia Zarate-Lopez, London*  
*Professor Mark Fox, Switzerland*  
*Professor Peter Christensen, Denmark*  
*Mr Pasquale Giordano, London*

13:30 – 13:35 **Closing comments** *Dr Mark Scott*  
London

13:35 **MEETING CLOSES**

*Foyer*

13:35 – 14:15 **Coffee and pastries**

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